Size

Lincolnshire's population is

794,009

ONS, 2025

129.4
People per km²
Census, 2021

11.3%
Population projection by 2047
ONS, 2022

6,004
Births recorded
ONS, 2025

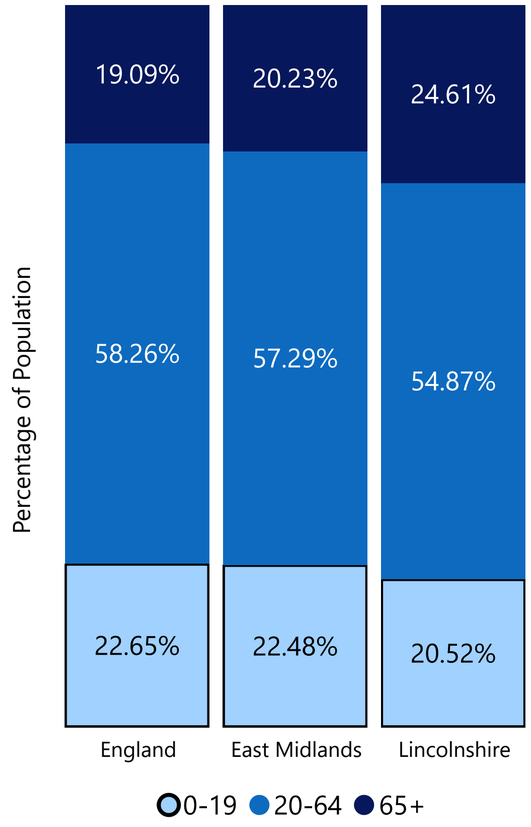
9,161
Deaths recorded
OHID, 2025

825,763
Patients are registered with a GP practice in Lincolnshire
OHID, 2025

Demographics

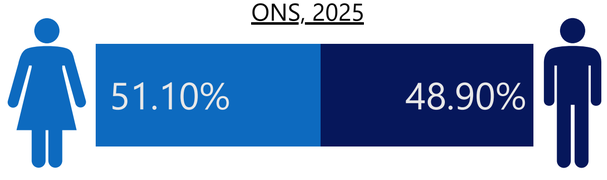
Age

ONS, 2025



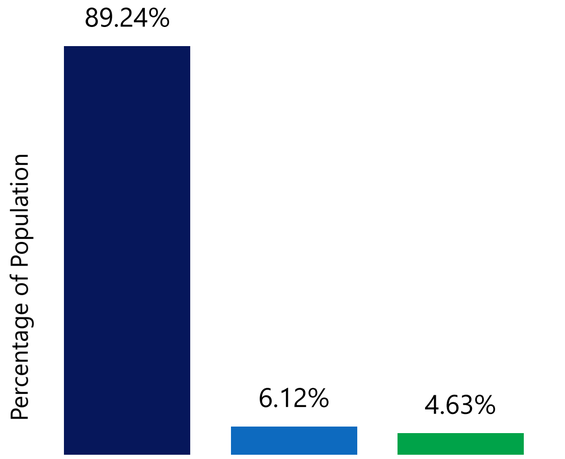
Sex

ONS, 2025



Ethnicity

Census, 2021



Other Ethnic Groups	Percentage
Indian	0.51%
Other Asian	0.48%
Any other group	0.46%
Irish	0.41%
White and Asian	0.41%
African	0.38%
White and Black Caribbean	0.37%
Other Mixed or Multiple groups	0.34%
Chinese	0.31%
White and Black African	0.21%
Pakistani	0.16%
Gypsy or Irish Traveller	0.12%
Caribbean	0.12%
Arab	0.11%
Bangladeshi	0.10%
Roma	0.09%
Other Black	0.07%

Updated: 06/11/2026

Characteristics

Census, 2021

20.1% have a disability (34.8% of households)

304,863 people are married or in a civil partnership

2.7% identify as lesbian, gay, bisexual, pansexual or queer

14,683 (1.9%) follow a religion other than Christianity

6.2% use a main language which is not English

Lincolnshire JSNA Joint Strategic Needs Assessment

Updated: 06/11/2026

START WELL

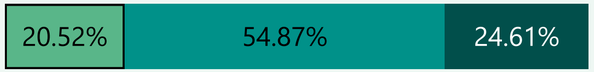
Open Live Well

Open Age Well

Open Health & Wellbeing

Open Population

Population



20.52%
of Lincolnshire's population are aged 0-19 years
(162,931 people)
ONS, 2025

-13.1%
Population projection by 2047
ONS, 2022

6,004
Births recorded
ONS, 2025

15.7%
of mothers' smoke in early pregnancy
OHID, 2023/24

67.1%
of babies' first feed was breastmilk
OHID, 2023/24

3.9 per 1,000
rate of deaths in infants under 1 year
OHID, 2022-24

22.0%
of children live in income deprived families
OHID, 2024/25

0-5 years

5-11 years

4.5%
of school pupils have a social, emotional or mental health need
OHID, 2025/26

37.7%
of year 6 pupils are overweight or obese
OHID, 2025/26

66.4%
of children achieve a good level of development at the end of reception
OHID, 2024/25

26.7%
of reception aged pupils are overweight or obese
OHID, 2025/26

21.6%
of 5 year olds have visible dental decay
OHID, 2023/24

11-18 years

76.2 per 10,000
hospital admissions for unintentional and deliberate injury amongst 0-14 year olds
OHID, 2024/25

43.7
is the average achievement across 8 qualifications (Attainment 8 score)
OHID, 2024/25

8.4%
of 16-17 year olds are not in education, employment or training
OHID, 2025/26

16.1 per 1,000
young women under 18 become pregnant
OHID, 2023

Disease Burden

The top causes of years lived with disability for children and young people in Lincolnshire are:

1. Anxiety disorders
2. Asthma
3. Dermatitis
4. Conduct disorders
5. Headache disorders

GBD, 2021

Lincolnshire JSNA Joint Strategic Needs Assessment

LIVE WELL

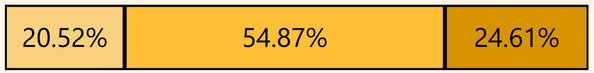
Open Age Well

Open Health & Wellbeing

Open Population

Open Start Well

Population



0-19 20-64 65+

54.87%
of Lincolnshire's population are aged 20-64 years
(435,676 people)
ONS, 2025

7.5%
Population projection by 2047
ONS, 2022

Health Behaviours

11.6%
of adults currently smoke
OHID, 2025

69.1%
of adults are overweight or obese
OHID, 2024/25

20.4%
of adults drink over 14 units of alcohol a week
OHID, 2015-18

65.1%
of adults are physically active
OHID, 2024/25

Health Outcomes

164.2 per 100,000
mortality rate from causes considered preventable amongst under 75s
OHID, 2024

15.8%
of adults have a common mental health disorder
OHID, 2017

Wider Determinants

25.6%
Have a level 4 qualification or above
Census, 2021

13.3%
Of residents live in social rented properties
Census, 2021

24.1%
of 16-64 year olds are economically inactive
OHID, 2024/25

10.9%
of households are experiencing fuel poverty
OHID, 2024

Disease Burden

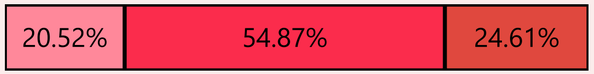
The top causes of years lived with disability for adults in Lincolnshire are:

1. Low back pain
2. Depressive disorders
3. Diabetes
4. Age related hearing loss
5. Headache disorders

GBD, 2021

Lincolnshire JSNA Joint Strategic Needs Assessment

Population



0-19 20-64 65+

24.61%
of Lincolnshire's population are aged 65 years or over
(195,402 people)

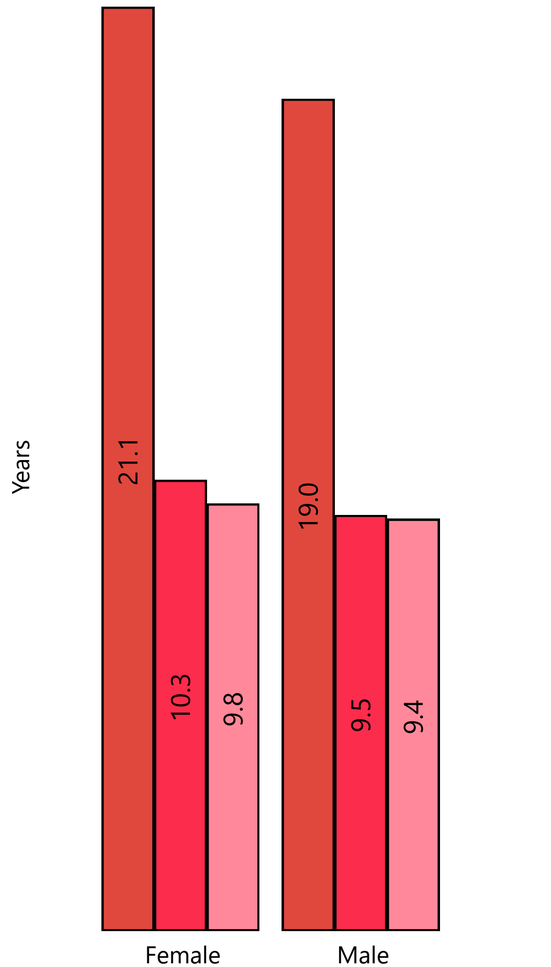
ONS, 2025

41.7%
Population projection by 2047

ONS, 2022

Life Expectancy

OHID



- Life expectancy at 65
- Healthy life expectancy at 65
- Disability-free life expectancy at 65

20.1%
of people are disabled under the Equality Act 2010

Census, 2021

14.4%
of those aged 66+ live alone

Census, 2021

3.3%
of people provide 50+ hours of unpaid care

Census, 2021

6.8%
extra deaths from all causes occur in the winter

OHID, Aug2021-Jul2022

1,851 per 100,000
hospital admissions due to falls in people aged 65+

OHID, 2024/25

4.40%
of patients aged 65+ have dementia

OHID, 2024

48.8%
of social care users, aged 65+, have as much social contact as they would like

OHID, 2022/23

526 per 100,000
adults aged 65+ are permanently admitted to residential and nursing homes

OHID, 2021/22

Updated: 06/11/2026

Disease Burden

The top causes of years lived with disability for older adults in Lincolnshire are:

1. Low back pain
2. Age related hearing loss
3. Diabetes
4. Falls
5. Alzheimer's

GBD, 2021

Lincolnshire JSNA Joint Strategic Needs Assessment

Updated: 06/11/2026

HEALTH & WELLBEING

Open Population

Open Start Well

Open Live Well

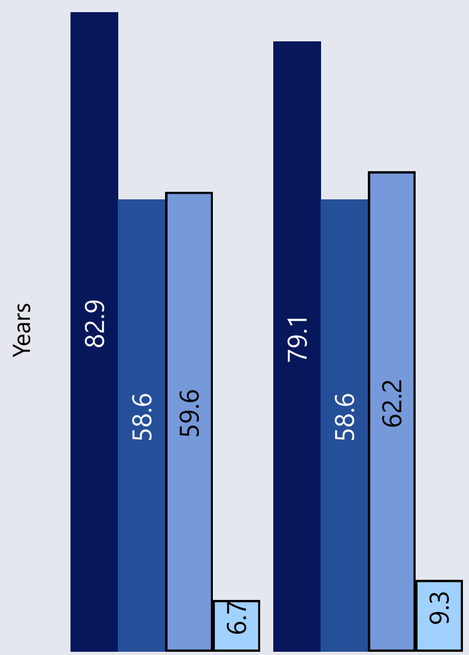
Open Age Well

Life Expectancy

OHID

Females live
3.8 years
longer than males

Males live
2.6 more years
disability free than females



- Life expectancy at birth
- Healthy life expectancy at birth
- Disability free life expectancy at birth
- Inequality in life expectancy at birth

Health Outcomes

79.3%
of residents report being in good or very good health

Census, 2021

The top conditions amongst patients registered with GP practices in Lincolnshire are:

1. Hypertension
2. Obesity
3. Diabetes Mellitus
4. Non-diabetic Hyperglycaemia
5. Asthma

QOF, 2023-24

Of 9,161 deaths in Lincolnshire in 2025:

27.5% were before their 75th birthday

1.2% involved Covid-19

26.1% had underlying cancer

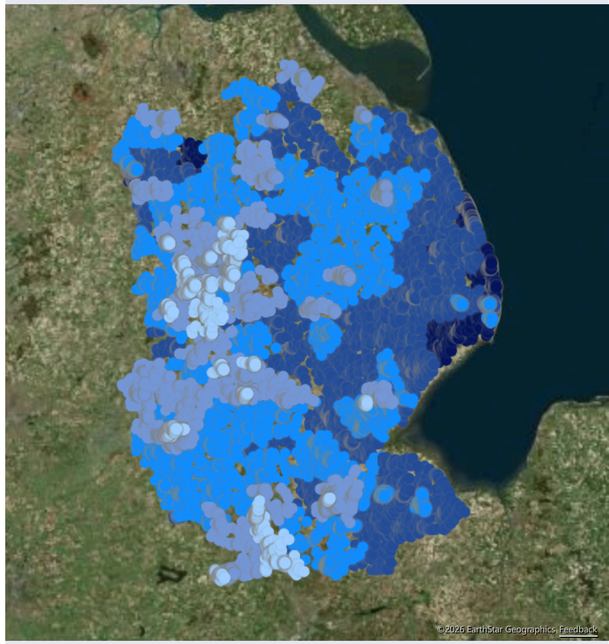
4.8% had underlying COPD

24.7% had underlying cardiovascular disease

OHID, 2025

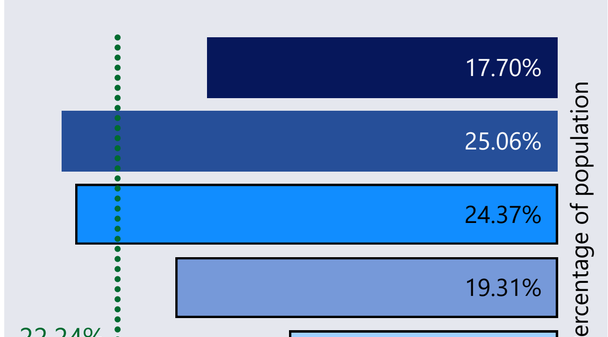
Deprivation

IMD, 2025



1 2 3 4 5 6 7 8 9 10

1 Most Deprived----------Least Deprived 10



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